## Hatebreed

How much more can you possibly take? How many battles can you lose in one day? Who is the source of all your pain And how do you ever plan to be unrestrained? How much longer? How much more? Until you gain some self respect. For once, just stand the fuck up and fight! Confront and shatter everything that stands in your way. Every burden every source of strife. TEAR IT DOWN Every cage every fucking vice. TEAR IT DOWN Distorted notions of who you are. TEAR IT DOWN Imposed values and beliefs. TEAR IT DOWN TEAR IT DOWN NOW