Be Calm

As I walk through the streets of my new city my back feeling much better, I suppose I've reclaimed the use of my imagination for better or for worse, I've yet to know but I always knew you'd be the one to understand me, I guess that's why it took so long to get things right. Suddenly I'm lost On my street, On my block

Oh why, Oh why Oh why haven't you been there for me? Can't you see, I'm losing my mind this time? This time it's for real, I can see

All the trees are turning red The beggars near bodegas grin at me I close my eyes, I tell myself to breathe

And be calm. Be calm. I know you feel like you are breaking down. Well I know that it gets so hard sometimes. Be calm.

I'm scared that everyone is out to get me.
"These days before you speak to me you pause."
"I always see you looking out your window."
"After all, you lost your band, you left your mom."
Now every single crack, every pain that I pass,
says I should either leave or pick it up
But with every single buck I've made
I'm saddled with bad luck that came
the moment I was baptized
or when I found out one day I'm gonna die
if only I could find my people or my place in life
then when they come to 'carolin'
so loud, so bright, the theremin
where we'll all rejoice and sing a song that goes:

And be calm. Be calm. I know you feel like you are breaking down. Well I know that it gets so hard sometimes. Be calm. Take it from me, I've been there a thousand times. You hate your pulse because it thinks you're still alive and everything's wrong It just gets so hard sometimes Be calm.

I don't remember much that night, Just walking, thinking fondly of you Thinking how the worst is yet to come From that street corner came a song And I can't remember the man, The panhandler or his melody. The words exchanged had far exceeded any change I'd given thee. I know you feel like you are breaking down. Well I know that it gets so hard sometimes. Be calm. Take it from me, I've been there a thousand times. You hate your pulse because it thinks you're still alive and everything's wrong It just gets so hard sometimes Be calm. Be calm.