

Helping Hand

Foghat

Been ignored and I been abused,
Been mistreated and I've been misused,
Been discouraged and turned aside,
Overloaded when my hand's are tied.
That's the time, when I need a hand
A helping hand, I need a helping hand.

Things I do are criticized,
Ripped to pieces and analyzed,
I tell the truth and they call me a liar,
Exaggerator and a magnifier.
That's the time, I need a hand
A helping hand, I need a helping hand
Yea!

There were times when I lived alone,
Lock the doors, disconnect the phone.
I warn everybody, tell 'em not to call,
Complete isolation, I need most of all.
But after awhile I need some company,
I tell my friends, come see about me.
That's the time, when I need a hand
A helping hand, I need a helping hand

Need a helping hand, I need a helping hand,
Need a helping hand, I need a helping hand,
I need somebody to stand by me,
I need somebody to stand by me,
Whoa yea

I need a hand, I need a helping hand,
I need a hand, I need a helping hand,
I need somebody, I need somebody,
I need somebody, hey to stand by my me