Look at all the lonely hearts Shivering out in the dark Hiding from the truth Cover up the proof Demons that I've tried to hide Imprison me in my own lies And all that I can do is cover up the proof Don't be afraid to... Stand up! Stand up if you're broken Stand up! Stand up if you feel ashamed You are not alone when you hurt this way Stand up! Stand up if you need love Stand up! This is not judgment day You don't have to hide There's no need to run Everything will be okay Secrets got me torn apart Trying to destroy my heart But I can see the light It's cutting through the night Don't run away (Don't run away) Don't be afraid to... You say You love me That's all I'll ever need If You say I'm good enough That's good enough for me Stand up! Stand up if you're broken Stand up!

Stand up if you feel ashamed