

They tell us lies  
They pull us in  
They bury us alive  
They hold us down  
They live within  
They're never satisfied  
Lost in a world of dark delusion  
I'm reaching for the light  
We don't need this complication

Don't hesitate to explode  
Burn the pain inside your soul  
Don't hesitate, let it go  
Start a fire, embrace the light  
And ignite (start the fire)  
And ignite (start the fire)  
And ignite (start the fire)  
And ignite

They pour the shame  
Till we can't stand  
The sight of our own face  
They pin us down  
Till we can't win  
It's a game we can't escape  
But we don't have to let them beat us  
We can take control  
In the flames we find our freedom