Time goes slower, your thoughts start flowing over lights get lower, the chip falls off your shoulder you're in the groove you're in the groove

When you're in the groove and your body can't help but move and the rock'n roll feels so smooth and you ain't got nothing left to prove you're in the groove

Like the weather, it all just comes together love feels better, and you hope it lasts forever you're in the groove you're in the groove

When you're in the groove and your body can't help but move and the rock'n roll feels so smooth and you ain't got nothing left to prove you're in the groove

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