I wake up seven in the evening, Too scared to face another day All the mirrors staring back at me Guess I'll have to change my ways The horrors of yesterday, I live through them today Today and everyday I'm trying hard to keep it up It's alright, I'm doing fine It's OK, oh yeah, it's OK Hatred and frustration building walls Around our lives Clock is ticking faster now, A life of killing time still I sleep with demons, a soul not longer mine If only I could leave it, Leave it all behind keep suppressing All emotions in denial I've found peace So come on and share my life and live through My disease my disease Hatred and frustration building walls around our lives Clock is ticking faster now, Faster day by day Still I sleep with demons, A soul not longer mine If only I could make them, Make them bastards pay