I used to carry my past like a duffel bag
It's been hurting my head and breaking my back
But when you live in the rear view you just crash
Oh I'm done carrying a past like that

I'm travelin' light, I'm laying it down
All those demons I know I keep dragging round
I'm cutting the ties, I'm calming the wave
Of all my hurt and my regrets and my mistakes
I'm tired of living, unforgiving
So I'm traveling light
Oh, I'm traveling light

Don't lay the blame on anyone else I'm always the last to forgive myself 'Less starting over is overdue Oh these old boots sure feel brand new

I'm traveling light, I'm laying it down
All of those demons I know I keep dragging round
I'm grabbing the tide, I'm grabbing the wave
Of all my hurt and my regrets and my mistakes
I'm tired of living, unforgiving
So I'm traveling light
Oh, I'm traveling light

Don't lay the blame on anyone else
I'm always the last to forgive myself
'Less starting over is overdue
Oh these old boots sure feel brand new

I'm traveling light, I'm laying it down
All of those demons I know I keep dragging round
I'm grabbing the tide, I'm dropping weight
Of all my hurt and iron curtain of mistakes
I'm tired of living, oh, unforgiving
So I'm traveling light
Oh, I'm traveling light

All it'll take is a little bit of faith
That it's all gonna be alright
I only got room for some love and some truth
And a little bit of peace of mind

So I'm traveling light, I'm laying it down
All of those demons I know I keep dragging round
I'm cutting the ties, I'm dropping weight
Got a one way ticket towards those better days
I'm tired of living, oh, unforgiving
So I'm traveling light
Oh, I'm traveling light
Oh, I'm traveling light
I'm traveling light
I'm traveling light, mmh
Mmh