From the Hips

I'm at my best when I'm at my worst I'm at worst when it's not rehearsed I don't wanna know the goddamn words I don't wanna have to spell it out Don't wanna mumble what i'm trying to say I wanna scream it from my foaming mouth Shoot out the lights and ride away

I'm at my worst when I'm at my best I'm at my best when I'm trying to look And think and talk and sing and read and write Like all the rest We're all just trying to play our rolls In a play that runs ad nauseam I hate this damn enlightenment We were better off as animals, right?

We're at our best when it's from our hips From our hips we don't give a shit It just feels good and that's no sin It's the only way to feel alive The closest thing to being born again And when baby comes it's job well done Roll in the hay, oh roll around the sun

We're at our worst when it's from our lips From our lips we caused a rift, And world has fallen in From babble to ball room brawls Our words have formed a death sentence And I wish that we had never talked Our hips said it all

And I wish that we had never talked Our hips said it all Cursive