Get low, get down
To the roots of trouble
Take this baby by the horns
To the bottom of the bottle

Like marching
These thoughts keep sickening my head
First face it and then break it?
I know better, who knows best?

It was, it is and will be
Life is deadly
My friend, we feel the same
My friend, what we see is true
Never walk alone

One can say your voice is sore And everybody does in fact This head tripping Is throat-twisting

See what the perspectives have to offer When you change your point of view Move -- turn -- look!
You might surprise yourself

## Regress:

What I supposed was wrong I could not keep myself All my hopes now look so silly

## Regress:

It's me against myself again, so what?
Please, don't just leave a note
And the rest to me

Wake up, get up!
Before the moment's gone
You're lost for now
But not for long

Save the big words for the chorus They say I say shit because I like the sound of it