

I show the scars of every fear and doubt  
I hurt myself to let the darkness out  
Out

The days go by and nothing brings me joy  
The glow was strong when I was a boy  
But it's gone

And the glow  
It goes  
So slow  
It goes

Cracks appear and passion slips away  
Colours fade and turn to shades of grey  
Fade away

If you knew the man I used to be  
Please hold me under the sea  
Or scratch my arms till they bleed  
Save me  
Will you help me to feel the glow?