

This is Good

Black Flag

I smash my fists
Into my face
I can feel it
When I close my eyes

And this is good
And this is good
And this is good
And this is good

I smash my fists
Into the wall
I can feel it
When I close my eyes

And this is good
And this is good
And this is good
And this is good

I think I'm at the bottom when I'm crying at the top
I think I'm at the bottom when I'm dying at the top

And this is good
And this is good
And this is good
And this is good

I hate to want, you make me want
I hate to want, you make me want to
I hate to want, you make me want
To hurt you

I smash my fists
Into the wall
I can feel it
When I close my eyes

And this is good
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I smash my fists
Into my face
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When I close my eyes

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I think I'm at the bottom when I'm crawling to the top
I think I'm at the bottom when I'm dying at the top

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