

# Vibes Up Strong

Big Mountain

I keep strugglin', I keep pushing.  
I keep moving on and on, I keep bubblin',  
I keep working, I keep groovin on and on

Forward on, I keep it real  
There's no sense in holding back  
Just how I feel  
Ooh Lord, I can't dis my calling  
'Specially when it's comin from my heart  
I try my best to live in happiness  
Even when the pressures  
Start to make my life a mess  
Ooh no, it will never ever keep me down  
I tell my youth to live in truth  
Never forget that the spirit is in you  
Just reach inside and let your conscious be your guide  
Yes my little children

And I know that I will never forget the struggle  
That's why I'm dedicated.  
Been fightin' in the struggle for so long  
With my brothers and sisters.  
I stay positive and try to get along  
I teach my youth to know what's right and wrong  
I forward on and keep the vibes up strong  
Keep the vibes up strong

I never lose my faith  
I know that God will be there each and every day  
And I try to live up to his righteous ways  
Oh Jah is the one that keeps me positive  
And watches my shoulder  
It's a blessing just to know that  
The father will guide me through

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I keep moving on and on

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