## **State Of Mind**

## Autumn

Many went to the shimmering land of make-believe and ventured the farthest corners of the mindscape Merely testing the ice, I never went too far from the safe and solid ground Afraid of the darkness I might find (underneath)

Exploring the mind to escape from your daily lives, where you become the head of a state in a state of mind All links to reality fading Pandora's box lies waiting Instead of the roof of the world it becomes a nightmare

We expect perpetual motion, a chain effects The newfound land out to be a grain of sand (ever volatile) Searching the edge of consciousness for insights in the outside world Well conceived, but such rules only apply in this state of mind

The key lies in knowledge, temperance No magical answers or escapes from reality, but a marvellous break for a visitor passing through