

## How

## Antigama

How? How? How? How? How? How?  
How? How? How? How? How? How?  
How? How? How? How? How? How?  
How should I excuse myself  
How can I avoid the fear  
Raise the feet stuck to the ground  
How am I to choose  
Why am I to be here  
How can I stop being  
And start to love?