

I dropped out of the rat race  
I just needed a break from it all  
And now I live in the country  
With the birds and the bees and these bright white walls  
Let me introduce you to some friends of mine  
They're so polite and they dress so fine  
Sometimes they take me for a walk in the sun  
I get to play in the grass 'till I'm done

Brain dance  
Brain dance  
This is brain dance  
Watch my brain dance

I'd like to call myself an artist  
My toe paintings are just the best  
But when my feet get tired  
I lose the crayon and get some rest  
I've got a feeling there's a fish in the floor  
I'd better squish it or he'll swim out the door  
Sometimes they take me for a walk in the sun  
I see my fish and I have to run

Brain dance  
Brain dance  
This is brain dance  
Watch my brain dance

Rubber shoes, a dirty sock  
Plastic toes and it's my pet rock  
And this song is very silly and  
It makes no sense at all because it's weird  
Out of the pan and into the fire and back in the pan again  
He jumped out of the frying pan,  
Into the fire and he's back again  
He jumped, what?, yes he's jumped  
And he's flying through the air  
He jumped out of the frying pan,  
Into the fire and he's back again  
Let me introduce you to a friend of mine  
She's been here for quite some time  
Sometimes we go out for a walk in the sun  
To walk with Alice is always fun

Brain dance  
Brain dance  
This is brain dance  
Watch my brain dance