There's gonna be some changes I'm gonna start with everything I'm gonna give it all up, see what this tide will bring

I've been holding so tight
Haven't stopped to think
if what I'm doing is right
And now I feel that it's time

Time to let go

Didn't think I could pull this through I'm glad to see that I was wrong
Now I realize I had it in me
all along

I'm bleeding it all out
Into a new state of mind
Released from my past life
All that I knew I've left behind

I'm bleeding it all out
I won't dodge my true self anymore
Nothing will remain as was before

Something new will come out of this Something stronger, something true I have no doubt in my mind, it's what I had to do

For all the ill-natured spirits
There's no saying what this could turn into
I will use all the things that
I've learned from you

I'm bleeding it all out
Into a new state of mind
Released from my past life
All that I knew I've left behind

I'm bleeding it all out
I won't dodge my true self anymore
Nothing will remain as was before