There is a way to make sweet feeling last
There is a way to be sheltered when the wind is free There is a way my father taught me how to sing
And I sing my song every day now

And it won't take much of your time
Really won't take much of your time
No, it won't take much of your precious time
Just to get the spirit deep in your bones
You really got it, talking about the spirit
You got it, deep in your bones, you really got it

There is a way to make the mountains cry
Suh a way to be comforted,
sweet mystery
There is a way my father taught
me how to live my life
And I do that every day

There is a way to make sweet feeling last
There is a way to be comforted, sweet mystery
There is a way my father taught me how to do it
Do it to it, when I wanna do it to it.