

It's 4AM and I'm staring at the ceiling  
Every word I sing is losing all its meaning  
4AM and I think I'm about to lose it  
My life is a mess but I'll always choose it

And I guess I don't need my family  
No, no, no, no  
And I guess I don't need my friends  
No, no, no, no  
And I guess I don't need the love of my life  
No, no, no, no  
I clip my wings and look at the sky

I need a moment  
As tears run down my eyes  
My love has left me  
All that's left to do is cry, cry, cry

It's 4AM and they think they really know me  
This smile on my face doesn't always come easy  
4AM and I think I'm about to lose it  
My life is a mess but I'll always choose it

And I guess I don't need my family  
No, no, no, no  
And I guess I don't need my friends  
No, no, no, no  
And I guess I don't need the love of my life  
No, no, no, no  
I clip my wings and look at the sky

I need a moment  
As tears run down my eyes  
My love has left me  
All that's left to do is cry, cry, cry

This is what everybody dreams of  
This is what everybody tries  
This is what everybody dreams of  
And it's all mine  
Yeah it's all mine

I need a moment  
As tears run down my eyes  
My love has left me  
All that's left to do is cry, cry, cry