

I got this great idea about why I got stuck in reverse
I was so out of control it just got worse
I hope you got more sense than I, side step the curse
I don't know which came first
In the spiral threatening me, my survival
It's come, time to get down

It's time to get down
Boots to the ground
Know we don't stop 'til they hear the bell sound
Keep your head up
Cause the truth just cut
No quick fix when I'm caught in a rut
What I got to do to get right size
Think I'm despised when I look through the eyes
Of another
Not mine to discover
What the next man think is none of my fucking business

And then I say what is this
Illusion I can't fix it
You name it, hey
The story stays the same
Any trouble you can name
Just goes straight into accepted
You name it, hey

It's time to get down
To the ground
So simple yet profound
In the now
Is why we're here
Inspiration
I've been waiting all my life
I'm set free, it's happened
I won't look back and think twice
It's how it's meant to be
Something's happened
A sudden slap in the right place
In my face, I thank you
You always came through for me
It's how it's meant to be

Gonna get down because I can't stay high
All of the time, cause I see the sign
So I re-align with an open mind
Adamant and circumvent
I get by every night and day
Get by with my comfort way
An Open space to an open way
I just unwind, I just unwind

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